



## Macomb EHS/CC- Center-based Infant/Toddler/Twos Room Classroom Schedule



The **Primary Care Teacher** will be flexible and adaptable to meet the needs of individual children. This schedule sets an unhurried, child-directed pace for the routines and experiences of the day that build relationships with those in the classroom (mental health). Diapers and Pull-ups are checked every 2 hours. Classroom nap lights are turned back on by 2:00 p.m. Children go outdoors twice per day. Before school care is available at 7:00am and after school care is available until 5:30 pm. Contact Site Supervisor for before or after school child care.

- 8:00 - 9:00 Hellos and good-byes to build relationships with children and families (mental health)  
Diapering and Toileting experiences will be respectful & relationship building that facilitates learning (health)  
Handwashing/Breakfast/ Tooth brushing experiences will be relationship building that facilitates learning (health/nutrition/dental health)
- 9:00 -11:00 Self-selected play – Staff watches, asks, and adapts to facilitate learning  
Planned Experiences – sensory experiences to facilitate math, communication, and motor  
Read aloud experiences are planned daily  
Movement experiences are planned daily- **MVPA & Breathing/Yoga**  
Outdoor Experiences – supervised by the primary care teacher  
Sleeping and nap time – allows tired children to sleep according to their needs  
Diapering and Toileting experiences will be respectful & relationship building that facilitates learning
- 11:00 - 2:00 Handwashing/Lunch/Tooth brushing experiences will be relationship building that facilitates learning (health/nutrition/dental health)  
Planned Transition experiences to relax children  
Sleeping and naptime - allows tired children to sleep according to their needs  
Quiet experiences for children who are not tired are individualized  
Diapering and Toileting experiences will be respectful & relationship building that facilitates learning
- 2:00 – 3:30 Handwashing/Snack/Tooth Brushing experiences will be relationship building that facilitates learning (health/nutrition/ dental health)  
Planned Experiences – sensory experiences to facilitate math, communication, and motor  
Movement experiences are planned daily- **MVPA & Breathing/Yoga**  
Outdoor Experiences – supervised by the primary care teacher  
Diapering and Toileting experiences will be respectful & relationship building that facilitates learning  
Hellos and Good-byes to build relationships with children and families (mental health)