

Social Emotional (Mental Health) Observation

Letter to Families 5-2025

Hello PACT Families!

You and your child's sense of well-being are important to us here at PACT.

PACT works with a Mental Health Services Consultant and they will observe all classrooms and play dates at least once during the year.

During their annual observation, the MH consultant will be looking at interactions between staff and children, and between children. They will be looking for nurturing interactions and play. Particular attention will be given to children the teacher has made the MH consultant aware of before the observation, if they have concerns. If needed, the MH consultant may return in order to focus on a particular child or area of concern.

Following the observation, the MH consultant will take time to talk with the teacher, giving them recommendations to foster the children's social emotional development. The MH consultant may also make recommendations of strategies that may help with atypical behavior or areas of concern.

Of course, your ideas and opinions will be our first resource. We know you, as the family, understand your child best. We will not move forward with a referral or any special services without your permission.

If you have any further questions or concerns, please contact Andria Gates, Disability & Mental Health Coordinator at Andria.Gates@pactheadstart.com.

